



June 2014

“I’ve been working and coaching in the wellness industry from grassroots to high end CEO and corporate Vitality programs for over 20 years - this system by far outweighs anything I have seen before. Functional, easy to use and completely tailored to each use - it’s the new era in fitness and performance. For me it brings the fun back into fitness and the functionality back into healthy living as a way of life”

Nikki Fogden-Moore

The Vitality Coach | Head Trainer Women’s Health and Fitness Magazine

Ambassador - SOLID RACKS | SOLID INFINITY SYSTEM GYM