PRESS RELEASE SOLID RACKS PTY LTD

FOR IMMEDIATE RELEASE

16 NOVEMBER 2015

AUSHEALTH PHYSIO GETS INNOVATIVE

SYDNEY: The diverse applications possible on the SOLID Racks wall system continue to be expanded beyond the sports and storage applications which have marked the early take up of this revolutionary product. Local Northern Beaches businesses are discovering the benefits the wall delivers to their enterprises, and in physio and healthcare applications the benefits become obvious very quickly.

AUSHEALTH Physiotherapy in Brookvale has recently introduced new efficiencies by installing the SOLID INFINITY SYSTEM. "We are able to move faster between exercises and can quickly adjust resistance" said business owner Teira Jansen who has also discovered what others have applauded about the product – dividends for their limited space. She added "The wall provides a very multifunctional workout area in a limited amount of space. It enables us to use an area very efficiently and do exercises that would normally require more cumbersome, space occupying equipment."

The wall system has allowed a number of healthcare clients to increase the number of outpatients and inpatients utilising their facilities at any given time, while at the same time it frees up supervising staff for other activities. The wall is so simple to use even elderly patients are able to adjust their exercises as they need. They all agree with Teira's observation that it is not only superbly functional, but is "professional, neat and looks fantastic."

About SOLID Racks

SOLID Racks is an innovative Australian company catching global attention with its patented wall mounted system which has applications in a wide range of industries. Its use in the health and fitness sectors provides users with a cost effective, space saving, flexible and good looking single solution addressing multiple needs.

Contact: Nicolle Drake at Solid Racks. <u>nikki@solidracks.com</u> <u>http://solidinfinitygym.com</u>

About AUSHEALTH PHYSIO

Aushealth Physiotherapy is a multi-clinic structured company based in Sydney's Northern Beaches. Aushealth Physiotherapy's clinic infrastructure, including a site within a large Medical Centre, a Hydrotherapy Pool, and a purpose built Physio Rehabilitation Gym allows Aushealth Physiotherapists to implement acute to end-stage rehabilitation following injury or surgery.

Contact: info@aushealthphysio.com.au or (02) 9905-0048